

***Doris Day MD, FAAD, MA***  
**Cosmetic, Laser and Surgical Dermatology**  
135 East 71<sup>st</sup> Street, Suite 1A  
New York, NY 10021  
url: [www.MyClearSkin.com](http://www.MyClearSkin.com)  
212.772.0740

## **PROFESSIONAL EXPERIENCE**

- 2008 – Present      Doctor Radio  
                              Sirius Radio 114  
                              \*Host for Weekly Dermatology Show
- 2008- Present      ABCNewsNow.com Healthy Life  
                              \*Regular Guest Host once per month for medical internet  
                              news magazine
- 1998- Present      Private Practice/ Director  
                              New York, NY  
                              Diplomate, American Board of Dermatology  
                              \*Director, Day Cosmetic, Laser and Comprehensive  
                              Dermatology
- 1986- Present      Freelance Medical Journalist  
                              New York, NY  
                              \*Physicians and the lay public Redbook, Shape and other  
                              publications
- 2003- 2006        Estee Lauder Corporation  
                              \*Consultant, product development for new skin care line,  
                              Good Skin
- 1998- Present      New York University Medical Center  
                              New York, NY  
                              \*Clinical Assistant Professor of Dermatology

## **HOSPITAL AFFILIATIONS**

Lenox Hill Hospital, New York, NY  
New York University Medical Center, New York, NY

## **PROFESSIONAL MEMBERSHIPS**

- American Medical Association
- New York Facial Plastic Surgery Society
- American Society of Dermatologic Surgery \*Journal Committee
- American Academy of Dermatology \* Media Committee; \*Educational Task Force
- International Academy for Dental- Facial Esthetics
- Women's Dermatologic Society \*Mentor for Dermatology Residents
- New York State Dermatology Society

## **BOARD MEMBERSHIP/ADVISORY BOARD**

<b>American Society of Dermatologic Surgery</b>	Journal committee Educational Task Force
<b>Aesthetic Trends and Technology</b>	Advisory Board, Trade journal for dermatologists and plastic surgeons
<b>Womens Dermatologic Society</b>	Media Committee

## **BOARD CERTIFICATION**

Diplomate, American Academy of Dermatology

## **LICENSE**

New York

## **RESIDENCY TRAINING**

July 1995- June 1998	Residency: Dermatology Cornell University/ The New York Hospital <b>Chief Resident</b> <b>Director, Academic Activities</b>
July 1994- June 1995	Residency: Internal Medicine Lenox Hill Hospital, New York
July 1992- June 1993	Internship: Internal Medicine New York University/ Bellevue Hospital

## **AWARDS**

January 2005      W Magazine

Profile on Top Aesthetic Doctors

- |               |   |
|---------------|---|
| October 2001  | Vogue Magazine<br>Rising Star in Dermatology  |
| May 2000      | New York University Medical Center Award for Dedication<br>and Excellence in the Teaching of Dermatology                |
| March 2000    | Doctors Who's Who<br>The Definitive guide to to doctors and health care<br>information                                  |
| February 1998 | CO2 Laser: A Novel Approach to the treatment of Psoriasis<br>Greater NY Dermatology Society, Competition- <b>Winner</b> |

## **PRODUCT DEVELOPMENT**

**Estee Lauder**                      **Good Skin-** New skin care line for all skin types

**Prescribed Solutions**        Unique skincare line and vitamins designed to be individualized to address specific skin issues

## **MAGAZINE/ NEWSPAPER/ TELEVISION/ INTERNET INTERVIEWS**

### ***Television interviews:***

NBC Today Show, Good Morning America- frequent guest, The Morning Show with Mike & Juliet, The Early Show, CNN, Fox Television Network, MSNBC, Discovery channel, Oxygen Network, PAX, The Learning Network

### ***Magazine/Newspaper interviews:***

Multiple features in W, Vogue, Allure, InStyle, Glamour, Redbook \*monthly column; Fitness, Daily News, Men's Health, Self, Good Housekeeping, Target, Essence Seventeen, Teen Vogue, Cosmo Girl, Star, Women's World and other publications

Featured in January 2004 W magazine as Beauty's Newest Star

### ***Internet Interviews:***

Healthology, I Village, Talk Surgery, Best of Beauty- Allure and InStyle, Good Housekeeping

## **BOOKS**

Forget the Facelift- The pathway to beautiful skin, and good health of the body and mind, made easy to follow and fun to read. Avery /Penguin Group, September 2005, Paperback, October 2006

100 Questions and Answers About Acne- Written for both the physician and the general public, the book was written to give clear, concise answers to the most common questions about acne. Jones and Bartlet pub. September, 2004.

## **P R E S E N T A T I O N S**

- October 2008      American Society for Dermatologic Surgery  
Annual Meeting: Tea with the Masters, How to Build a  
Cosmetic Practice
- June 2008        Bloomberg, Inc.  
Skin Care Update – Advances in Skin Rejuvenation  
Techniques
- June 2008        Facial Cosmetic Surgery Symposium  
My Current Approach to Invasive Skin Resurfacing  
Innovative New Treatment of Acne and Acne Scarring  
The “Masters” Skin Clinic Panel
- June 2008        Young Pharmaceuticals  
Advanced Product Training
- June 2008        Step Up Women’s Network  
2<sup>nd</sup> Annual Women’s Health Panel: Our Mothers, Ourselves
- May 2008         Skin Cancer: What you need to know before you go in the  
sun  
Alston & Bird
- March 2008      TLC 10 Years Younger  
Makeover for three primetime shows
- August 2007     Bloomberg  
Skin Cancer Prevention and Skin Rejuvenation
- May 2007         Goldman Sachs  
Skin Care Through the Ages
- March 2007      National Educational Foundation  
Advanced Techniques in Botox and Soft-Tissue Fillers
- October 2007    NY Aging Face  
Speaker
- November 2004   Greater New York Dental Meeting  
Rejuvenation of the Face to Complement Aesthetic Dentistry
- April 2004        New York University Kimmel Center  
Rejuvenation of the Skin
- January 2004     Society of Dermatology Physicians Assistants  
Restylane: Advances and Treatment Protocols
- April 2003        Satellite Media Tour  
How to Prepare Your Skin for Spring

April 2003	Hypersensitivity Reactions Grand Rounds, Lenox Hill Hospital
March 2003	Photosensitivity Lecture Series, Lenox Hill Hospital
July 2002	American Morning with Paula Zahn
March 2002	Turning Back the Hands of Time Discovery Channel One hour Documentary
February 2002	Cosmetic Series: Skin Rejuvenation NYU Medical Center
June 2001	The Art of Aging Well AARP
June 2001	Dermatology Lecture Series Lenox Hill Hospital Physicians Assistant Program
April 2001	Skin Cancer, Skin Rejuvenation Vivendi Corporation
March 2001	The Art of Skin Rejuvenation The Metropolitan Museum of Art
June 2000	Dermatology Lecture Series Lenox Hill Hospital Physicians Assistant Program
June 2000	Seminar: Aging and Skin Rejuvenation Loral Space and Communications
May 2000	Seminar: Skin Cancer and Sun Protection Revlon, Inc.
April 2000	Television interview: Treatment of Acne Scarring Good Day NY, Fox Five Television
April 2000	Television interview: Treatment of Rosacea Good Day NY, Fox Five Television
January 2000	New York University Medical Center Melanoma Lecture Series
November 1999	Lenox Hill Hospital Grand Rounds Update on Skin Cancer for the New Millennium
August 1999	Lenox Hill/ Pace University Physicians Assistant Dermatology Lecture Series
May 1999	Skin Cancer Awareness Lecture Revlon, Inc.
March 1999	Sun and Sun Protection- Grand Rounds, Cornell

**SKIN CANCER SCREENINGS**

June 2008	Rodale
May 2008	HBO
August 2007	Warburg Pincus
June 2007	Conde Nast
August 2005	Bear Stearns
May 2004	TIAA- CREF
August 2003	Rockefeller Foundation
June 2003	HBO
May 2003	Rodale Health Fair
May 2003	TIAA-CREF
September 2002	Citi Group
June 2002	AOL- Time Warner
May 2002	TIAA-CREF
September 2001	Citi Group
July 2001	TIAA-CREF
June 2001	Pfizer Corporation
May 2001	Baseball Teams: Mets; Yankees
August 2000	Major League Baseball
August 2000	Citi Group
July 2000	Loral Space Group
June 2000	Pfizer, Inc.
June 2000	Solomon Smith Barney
June 2000	Revlon, Inc.

May 2000

American Express/ Shearson Lehman Brothers

## RESEARCH

2008

Allergan  
Principal Investigator  
\*FDA study for New Product for Eyelash Growth

2007

Allergan  
Jet Trial - Juvederm

2003

Johnson & Johnson  
\*Effects of Natural Soy on minimizing hair growth

2003

Unilever  
\*Effects of lipid complexes in renewing hydration barrier of skin

2001- 2002

Q-Med  
\*Clinical Investigator for FDA approval studies for hyaluronic acid soft form filler, restylane.

1993-1995

***Department of Dermatology***  
New York University Medical Center, New York, NY  
\*Researched the effects of hormones and vitamins on epidermal keratin gene expression; Identification of recognition elements for hormone/vitamin receptors in DNA of the keratin genes; Definition of molecular mechanisms and functional interactions between hormone/vitamin receptors and keratin genes; with emphasis on applications in clinical dermatology, hematology/oncology and general medicine

1985-1987

***Department of Neurosurgery***  
New York University Medical Center, New York, NY  
\*Devised and implemented laboratory protocols; Assisted in statistical analysis of data; researched and prepared material for publication on the role of monoclonal antibodies in brain tumors

## EDUCATION

Medical School	SUNY DOWNSTATE COLLEGE OF MEDICINE Brooklyn, New York: <b>M.D.</b> Graduation: June, 1992
Graduate School	NEW YORK UNIVERSITY Science and Environmental Reporting Program New York, New York: <b>M.A. JOURNALISM</b> <b>Certificate: SCIENCE WRITING</b> Graduation: June, 1988
College	BARNARD COLLEGE New York, New York <b>B.A. ENGLISH</b> SORBONNE UNIVERSITY, Paris France Graduation: June, 1984
Elementary-High School	UNITED NATIONS INTERNATIONAL SCHOOL New York, New York Graduation: June, 1980

## ACCREDITATIONS

Basic Life Support  
Advanced Cardiac Life Support

## INTERESTS AND ACTIVITIES

*Cross country cycling;*  
*Traveled extensively throughout Europe, North and South America;*  
*Foreign language studies: French*  
*Computer programming languages: BASIC, Assembler, and PASCAL*

## RECENT PUBLICATIONS

1.        **Forget the Facelift-** Avery/Penguin Group Publishers, August 2005
2.        Q&A monthly column: Redbook Magazine
3.        How to keep your skin beautiful: Shape Magazine, October 2004
4.        **100 Questions and Answers About Acne-** Jones and Bartle Publishers, Sept 2004
5.        Diabetes and the Skin; Juvenile Diabetes Foundation, New York Chapter News, Spring 2000.
6.        Metastatic Basal Cell Carcinoma; A Case Report. Gross and Microscopic Discussion. AAD 1998 Annual Meeting, Orlando, Florida, February, 1998.
7.        Ultrapulse CO<sub>2</sub> laser treatment of psoriatic plaques. Winner, Resident's competition, Greater New York Dermatologic Society, January 22, 1998.
8.        Sunscreens and Sun-protection. New York Hospital/ Cornell University Medical Center Grand Rounds presentation. January, 1998.
9.        "The Diagnosis and Treatment of Nail Disorders"  
D. J. Day and R. Scher. Cross Section, October 1993.
10.       Cognitive-Behavioral Marital Therapy: Book Review  
New York State Journal of Medicine; Vol 91 No 9, August 1992; P. 420.
11.       "A Cancer Answer: The New Melanoma Vaccine"  
Mademoiselle; January 1990; P. 70.
12.       "Postconcussion syndrome"  
Medical Tribune; Oct.13, 1988; Vol. 29, No. 28; P. 1.
13.       Issues in Oncology section: "Hospices Allow Patients to Live Their Lives in the Time That's Left" Oncology Times; May 1988; Vol. X, No. 9; P. 30.
14.       Issues in Oncology section: "Understanding Pain Seen Vital to Treatment as More Cancer Patients Survive Disease" Oncology Times; Feb. 1, 1988; Vol. X, No. 3; P. 16
15.       Issues in Oncology section: "Self-Test Market on the Rise for Breast and Colorectal Cancer" Oncology Times; Jan. 1, 1988; Vol. X, No. 1; P. 19.
16.       "Dental clinics for patients with AIDS"  
AIDS Patient Care; Dec. 1987; Vol. 1, No. 3; pp. 31-33.
17.       "Value of Medical Helicopter Programs Debated as Number of Helicopter Accidents Increases" Emergency Medicine & Ambulatory Care News; Sept. 1987; Vol. IX, No. 9; P. 1.
18.       "Classification System Developed for HIV Infection in Children"  
Oncology Times; July 1, 1987; Vol. IX, No. 13; P. 4.
19.       "Nutritional Therapy Important in Treatment of AIDS Patients"  
Oncology Times; June 1, 1987; Vol. IX, No. 12; P. 5.

20. "Kaposi's Sarcoma Decreasing in Patients While Lymphoreticular Malignancies on the Rise"  
Oncology Times; June 1, 1987; Vol. IX, No. 11; P. 4.
21. "ACS, ACR Launch a National Breast Cancer Detection Program"  
Oncology Times; April 15, 1987; Vol IX, No. 8; P. 4.
22. "Aging Reconsidered: A New Look at Refining Seniors' Health Care"  
Oncology Times; April 15, 1987; Vol IX, No. 8; P. 16.
23. "Cancer Research Seen to be Victim of it's Own Success"  
Oncology Times; April 15, 1987; Vol IX, No. 8; P. 22.
24. "Monoclonal Immunotoxin Therapy Tested In Vivo for GVHD"  
Oncology Times; March 15, 1987; Vol IX, No. 6; P. 1.
25. "New Vaccine for Hepatitis B: A Genetic Engineering First"  
Oncology Times; March 1, 1987; Vol. IX, No. 5; P. 3.